

JANUARY

2019



I'm
**ORANGE
STAR**

**GOOD
EATS AT**

**NEWCASTLE
ISD**

**SPECIAL
ANNOUNCEMENTS**

Menu is subject to
change.

Served Daily:
Variety of Milk
Variety of Juice
Variety of Cereal

M	T	W	TH	F
	Christmas Holiday 1	Christmas Holiday 2	Breakfast: Breakfast Burrito Lunch: Oven Roasted Chicken Broccoli, Roll 3	Breakfast: Sausage Kolache Lunch: Nacho Grande Beans, Veggies, Fruit 4
Breakfast: Waffles Lunch: Country Fried Steak Mashed Potatoes Roll, Fruit 7	Breakfast: Toast & Sausage Lunch: Meat&Cheese Chalupas Beans, Fruit 8	Breakfast: Breakfast Pizza Lunch: Chicken Tenders Gravy, Broccoli Fruit 9	Breakfast: Breakfast Taquito Lunch: Pizza, Carrots Fruit 10	Breakfast: Scrambled Eggs Lunch: BBQ on a bun Green beans, fruit 11
Breakfast: Sausage Biscuit Lunch: Texas Basket Veggies, Fruit 14	Breakfast: Breakfast Burrito Lunch: Chicken Fajitas Beans, Fruit 15	Breakfast: Chicken~Waffles Lunch: Pizza Pocket Salad, Fruit 16	Breakfast: Pancakes Lunch: Ranchero Wrap Veggies, Snowball salad 17	Breakfast: French Toast Lunch: Popcorn Chicken Mashed potatoes Green beans 18
Breakfast: Breakfast Pizza Lunch: Taquitos, Queso Beans, Fruit 21	Breakfast: Chicken~N~Biscuit Lunch: Meatball Sub Tater tots, Fruit 22	Breakfast: Power Breakfast Lunch: Chicken Nuggets Mac&cheese Green beans 23	Breakfast: Sausage Kolache Lunch: Pizza Choice Corn, Fruity Gelatin 24	Breakfast: Sausage Biscuit Lunch: Frito Pie Fruit, Veggie 25
Breakfast: Pancakes Lunch: Steak fingers Mashed potatoes Fruit 28	Breakfast: Sunrise Sandwich Lunch: Spaghetti Bowl Steamed Veggies Fruit 29	Breakfast: French Toast Lunch: Texas Chili Cornbread, Fruit 30	Breakfast: Oatmeal Lunch: Chicken Quesadilla Beans, Fruit 31	



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



This product was funded by USDA.
This institution is an equal opportunity provider.

ORANGE STAR

Orange

Orange Star started out as a little orange blossom that hung on a branch in a grove in Healthyville. During his first winter an early frost caused ice crystals to form all around him. Just as he was about to freeze, the sun hit the crystals in a magical way. Two months later he ripened into a nutritious, fully grown orange and wanted to take the world by storm but did not know how.

Then suddenly, as he fell from the top of the tree, a burst of vitamins shot out like bolts of lightning from his hands as he broke his fall. He discovered he could throw bursts of vitamins to all of the young orange blossoms and they could grow up into nutritious snacks for kids around the world. To this day, Orange Star travels the world turning ordinary orange blossoms into flavorful, nutrient rich oranges that are great snacks for kids to enjoy.



FUN FACTS

Oranges are grown throughout the world in tropical and subtropical areas, but they achieve the best quality under subtropical conditions. For the most part, the warm, humid conditions of South Texas produce a thin-skinned, yellowish orange fruit with yellowish orange flesh that is quite sweet and juicy.

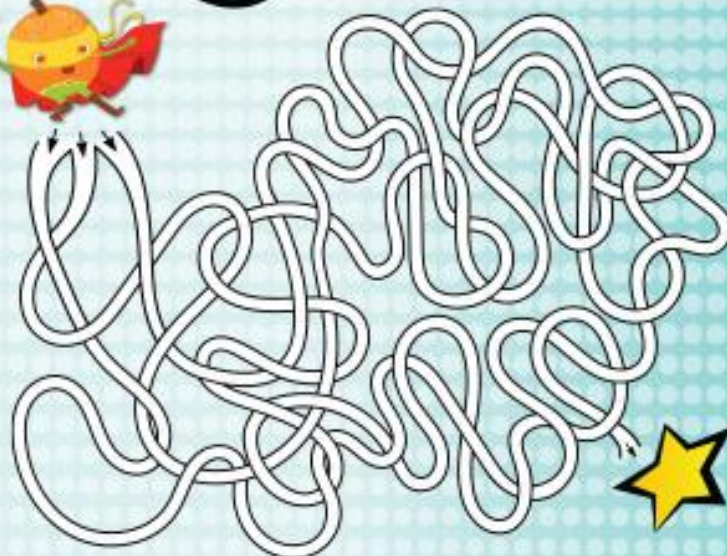


ORANGE STAR'S
FAVORITE
ACTIVITIES
Traveling and
Swimming



MAZE

Color the path that will lead the superhero to his missing star.



POW!
ARCH ENEMY
Fruit Flies

JOKE OF THE MONTH

Q: Why do oranges wear suntan lotion?

A: Because they peel.

Sources: Texas A&M and Agriflife Extension

Answer: Path #3